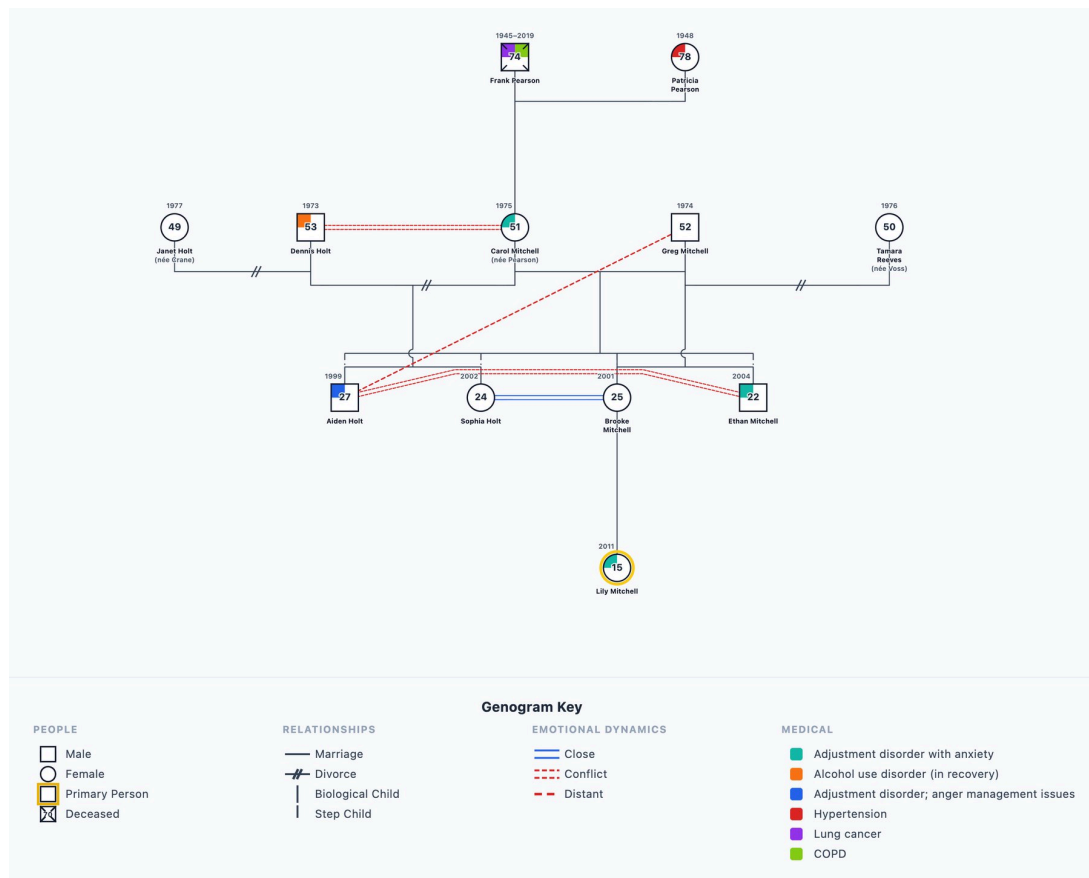


Blended Family Genogram Template: filled-in example

Blended Step-Family Genogram · a fictional family drawn in GenogramAI · blank version on page 2



The completed example is a fictional step-family: two divorced parents who married each other, each bringing children from a first marriage, plus one child born to them, Lily (b. 2011, the index person). It shows a close bond between Sophia and Brooke, a distant relationship between Aiden and his father Greg, and conflict between step-relatives.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member in standard genogram notation.
- **Female (Circle)** A circle represents a female family member in standard genogram notation.

STATUS MARKERS

- **Deceased (X)** An X drawn through the symbol indicates the person is deceased.
- **Index Patient (Arrow)** An arrow pointing to a person identifies them as the index patient — the individual who is the focus of the clinical assessment.

STRUCTURAL RELATIONSHIPS

- **Marriage** A solid horizontal line connecting two individuals represents a marriage or committed partnership.
- **Divorce** A marriage line with two diagonal slashes indicates divorce or legal separation.
- **Parent-Child** A vertical line descending from a couple line to a child symbol represents a parent-child relationship.

CHILD CONNECTION TYPES

- **Biological Child** A solid vertical line from parent to child indicates a biological relationship.
- **Stepchild** A dashed vertical line indicates a step-parent/step-child relationship.

EMOTIONAL RELATIONSHIPS

- **Close** Two parallel lines between individuals represent an emotionally close relationship.
- **Distant** A dotted line represents an emotionally distant or disengaged relationship.
- **Conflict** A zigzag line between individuals represents an openly conflictual relationship.

MEDICAL CONDITIONS

- **Anxiety Conditions** Shading in the genogram symbol indicates anxiety-spectrum diagnoses (GAD, panic disorder, phobias, OCD).
- **Mental Health Conditions** Shading indicates psychological or psychiatric conditions beyond anxiety and depression.
- **Cardiovascular Conditions** Shading indicates heart disease, hypertension, stroke, or other cardiovascular conditions.
- **Cancer** Shading indicates any cancer diagnosis, with specifics noted in the individual's record.
- **Respiratory Conditions** Shading indicates chronic respiratory conditions (asthma, COPD, etc.).

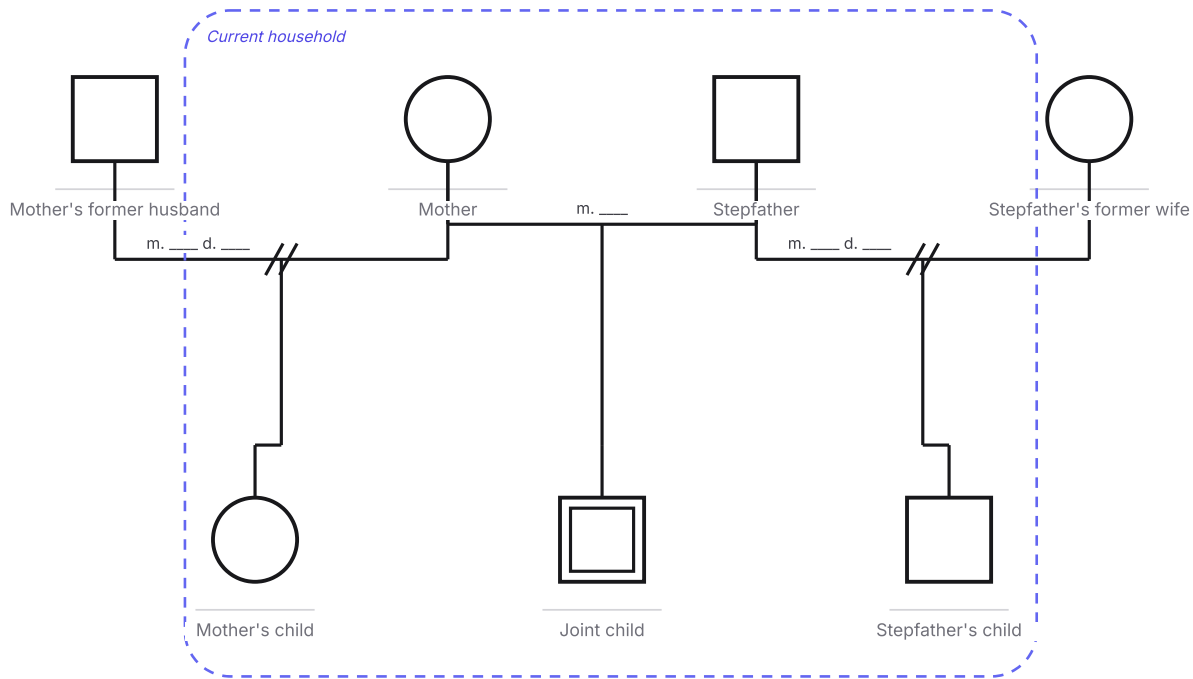
Free genogram template from GenogramAI · genogramai.com/genogram-templates/blended-family · open this example as an editable template at genogramai.com
Genogram notation based on the conventions described by McGoldrick, Gerson and Petry in *Genograms: Assessment and Treatment* (W. W. Norton). GenogramAI is an independent product and is not affiliated with or endorsed by the authors or the publisher.

Blended Family Genogram Template

Remarriage with children from earlier relationships

Family: _____

Date: _____



Draw each child's line from the couple they were born to, not from the household

Symbol key



Male



Female



Deceased (X through symbol)



Index person (double outline)



Stepchild (dash-dot line)



Marriage (solid line)



Separation (one slash)



Divorce (two slashes)



Cohabitation (dashed line)



Household (dashed line around who lives together)

Notes: custody and contact schedule, who lives where, dates