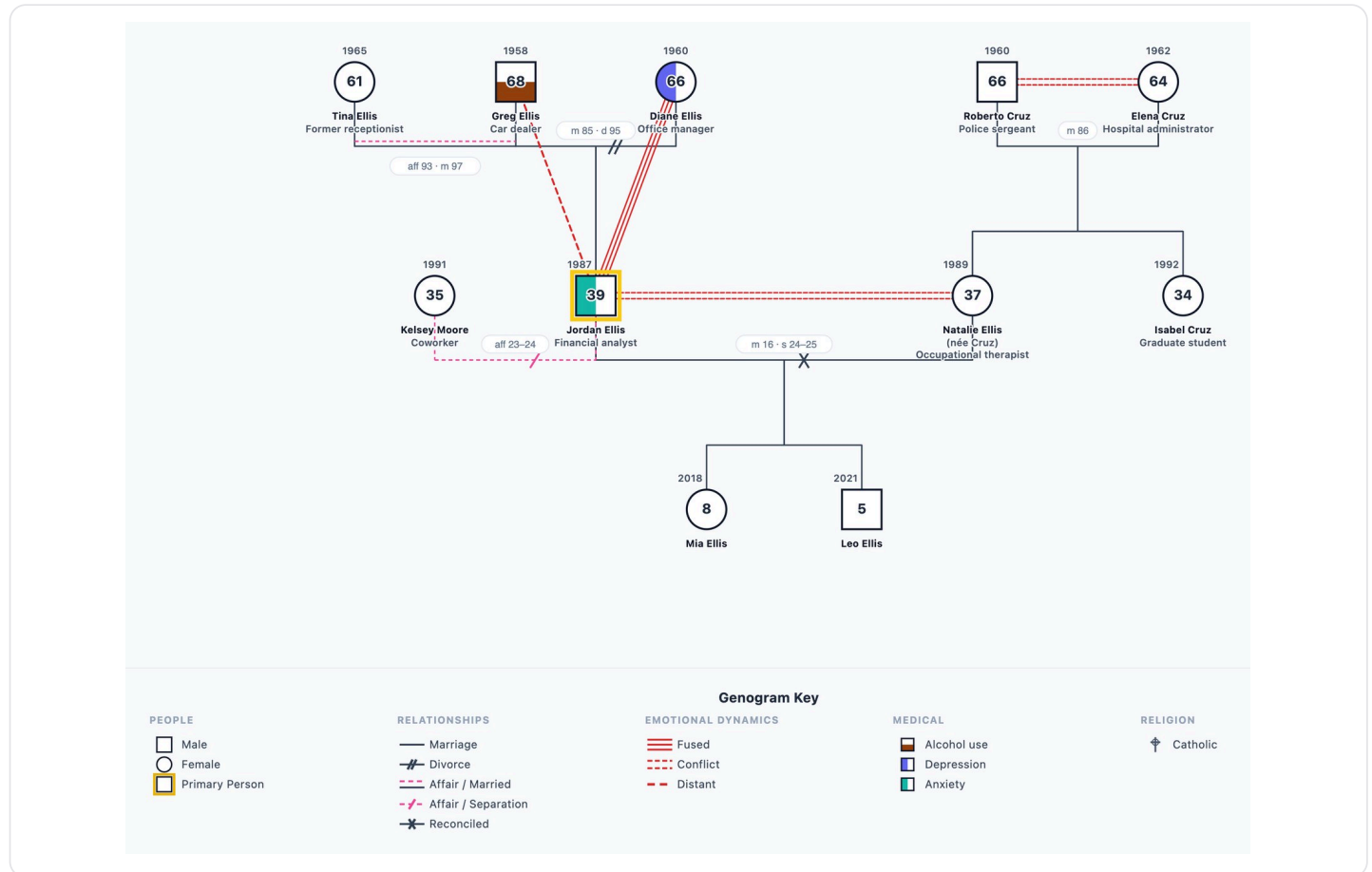


Couples Therapy Genogram Template: filled-in example

Couples Therapy: Affair, Separation and Two Families of Origin · a fictional family drawn in GenogramAI · blank version on page 2



The example is the fictional Ellis couple: Jordan (39) and Natalie (37), who separated for eleven months after Jordan's affair and later reconciled, drawn with both families of origin, a repeated affair pattern from Jordan's father, a high-conflict marriage on Natalie's side and a triangle with their daughter Mia.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member.
- **Female (Circle)** A circle represents a female family member.
- **Index person (highlighted outline)** The person at the centre of the assessment is drawn with a highlighted outline.
- **Age inside the symbol** The current age (or age at death) is written inside each symbol, with years above it.

COUPLES

- **Marriage** A solid line between partners; the marriage year is written on the line (m 90 = married 1990).
- **Divorce** Two slashes across the couple line mark a divorce, with the year (d 02).
- **Separation** One slash across the couple line marks a separation (s 80).
- **Reconciled** A separation slash crossed back marks a couple who separated and then reconciled (s 24-25).
- **Affair** A pink dashed line marks an affair, labelled with the years it started and ended.

EMOTIONAL RELATIONSHIPS

- **Fused** Three parallel lines mark an over-close, fused relationship.
- **Distant** A dashed line marks emotional distance.
- **Conflict** Dashed red double lines mark open conflict.

MEDICAL

- **Medical shading** The left half of a symbol is shaded for a physical or mental illness and the bottom half for alcohol or drug use; each condition has its own colour, listed in the key. Hatching means suspected, a partial fill means in recovery.

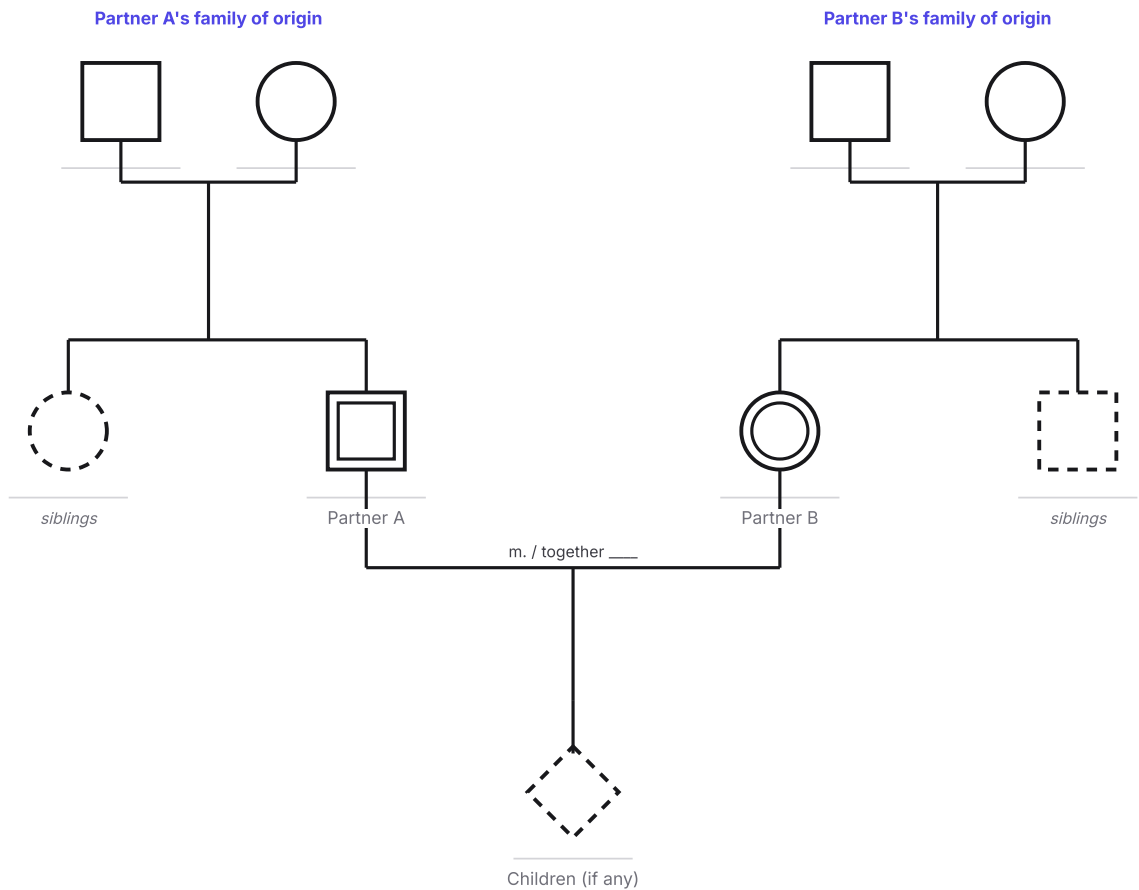
Couples Therapy Genogram Template

Both partners' families of origin around the couple

Couple: _____

Clinician: _____

Date: _____



Symbol key: partners and emotional lines

	Male		Close (two blue lines)
	Female		Fused / enmeshed (three lines)
	Index person (double outline)		Conflict (two dashed red lines)
	Deceased (X through symbol)		Hostile (red zigzag)
	Marriage (solid line)		Distant (dashed line)
			Cutoff (line broken by two bars)

Notes: each partner's model of marriage, repeating patterns, triangles