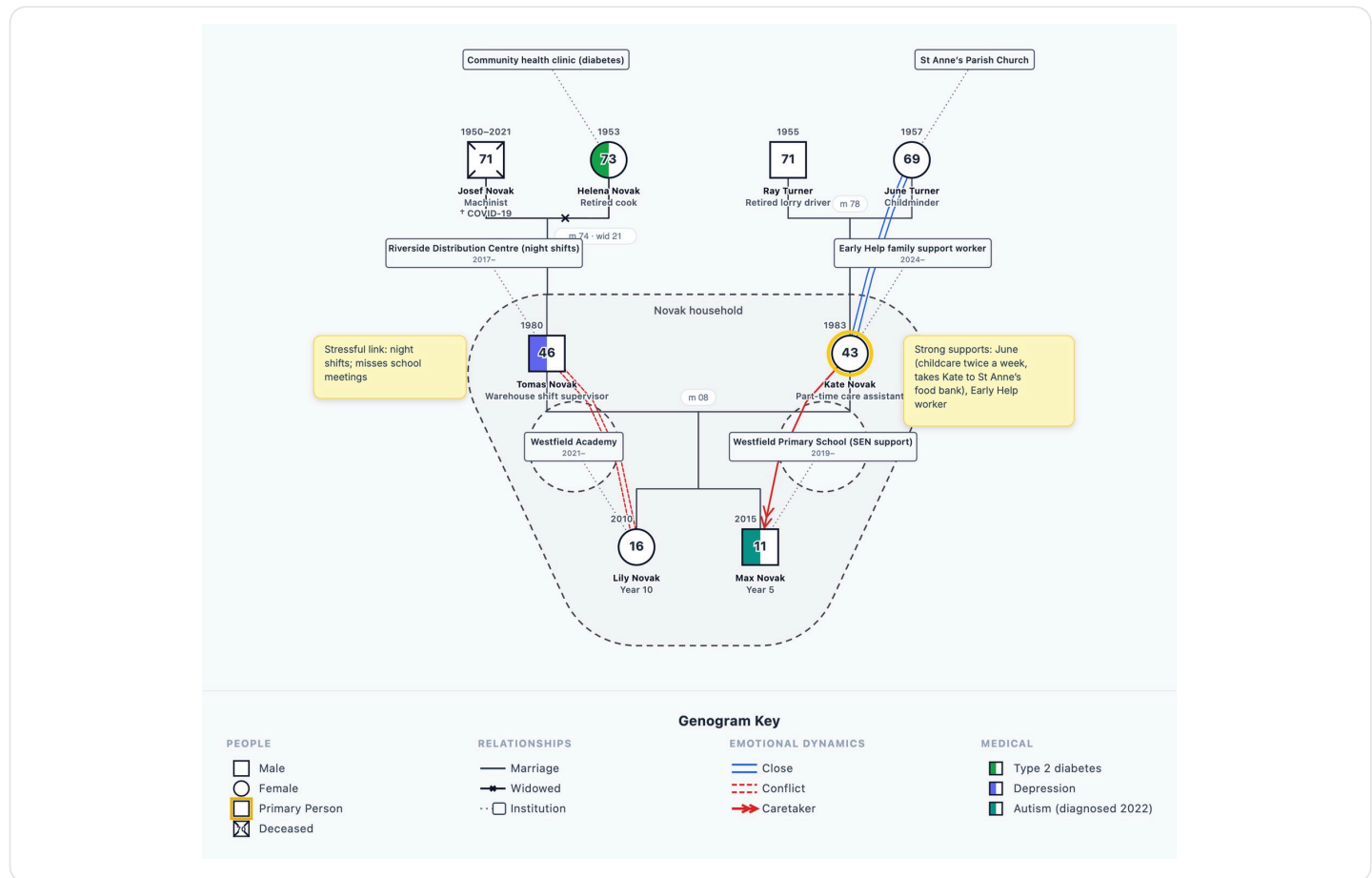


# Genogram and Eco-Map Template: filled-in example

Genogram with Eco-Map Example: Family and Outside Systems · a fictional family drawn in GenogramAI · blank version on page 2



The completed example is a fictional household whose genogram also shows the outside systems around it, such as school, an employer, health care, a faith community and child services, with connections drawn as supportive, tenuous or stressful.

## PERSON SYMBOLS

- **Male (Square)** A square represents a male family member.
- **Female (Circle)** A circle represents a female family member.
- **Index person (highlighted outline)** The person at the centre of the genogram is drawn with a highlighted outline.
- **Deceased (X)** An X through the symbol marks a person who has died; birth and death years are written above it.
- **Age inside the symbol** The current age (or age at death) is written inside each symbol, with years above it.

## COUPLES

- **Marriage** A solid line between partners; the marriage year is written on the line (m 08 = married 2008).
- **Widowed** A small x on the couple line marks the end of a marriage through death (wid 21).
- **Parent-child line** A vertical line from the couple line to each child; siblings run oldest to youngest from left to right.

## HOUSEHOLDS AND SYSTEMS

- **Household boundary** A dashed outline around the people who live together, labelled with the household name.
- **Outside system** A labelled box linked by a dotted line to the person it serves, with the year the link began (2019-).
- **Note** A yellow note records which links support the family and which add stress.

## RELATIONSHIPS

- **Close** Two parallel blue lines mark an emotionally close relationship.
- **Conflict** Two dashed red lines mark an ongoing conflictual relationship.
- **Caretaking** A red line with a double arrowhead points from the caregiver to the person she cares for.

## MEDICAL

- **Medical shading** The left half of a symbol is shaded for a physical or mental illness and the bottom half for alcohol or drug use; each condition has its own colour, listed in the key.

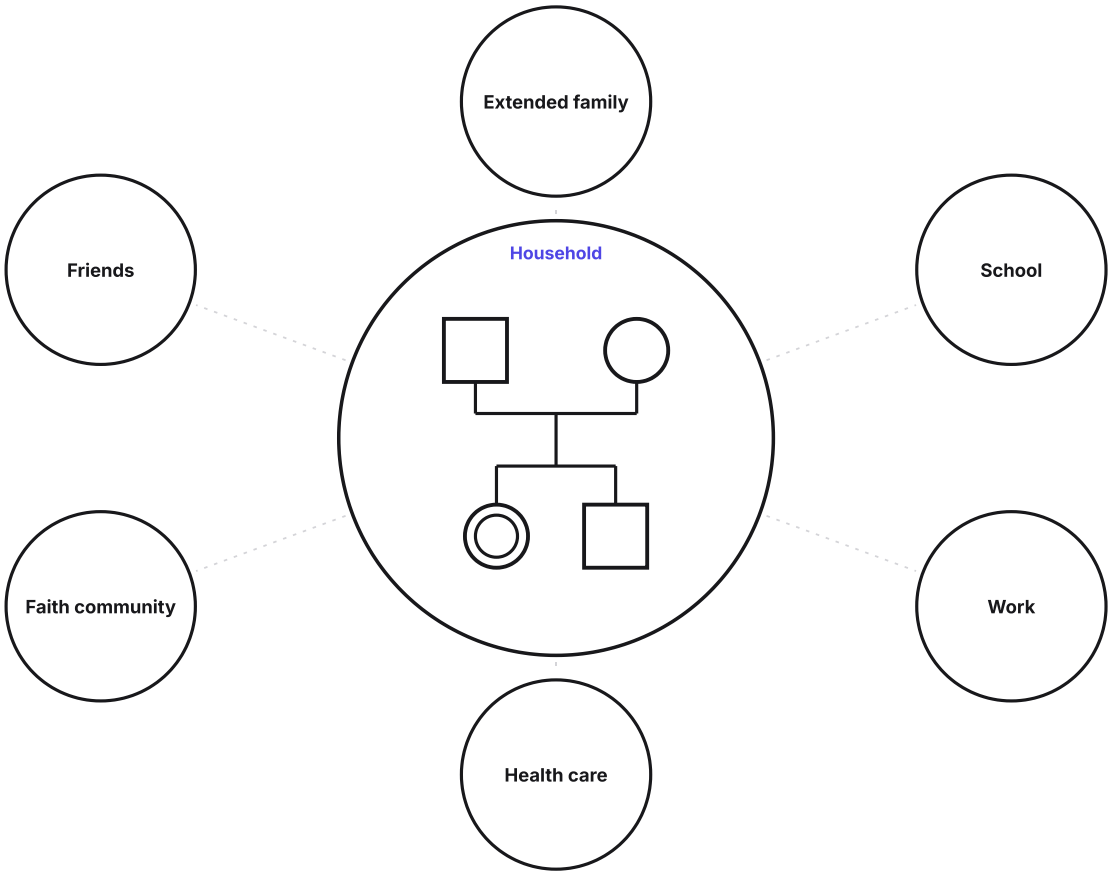
# Genogram and Eco-Map Template

The household genogram in the centre, outside systems around it

Family: \_\_\_\_\_

Worker: \_\_\_\_\_

Date: \_\_\_\_\_



Redraw each grey line as strong, tenuous or stressful; add arrows for the direction of energy

## Key: genogram symbols and eco-map lines



Male



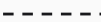
Female



Index person (double outline)



Strong connection (thick line)



Tenuous connection (dashed line)



Stressful connection (hatched line)



Arrow = direction of energy or resources

**Notes: add or rename systems (child services, courts, benefits, clubs)**

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