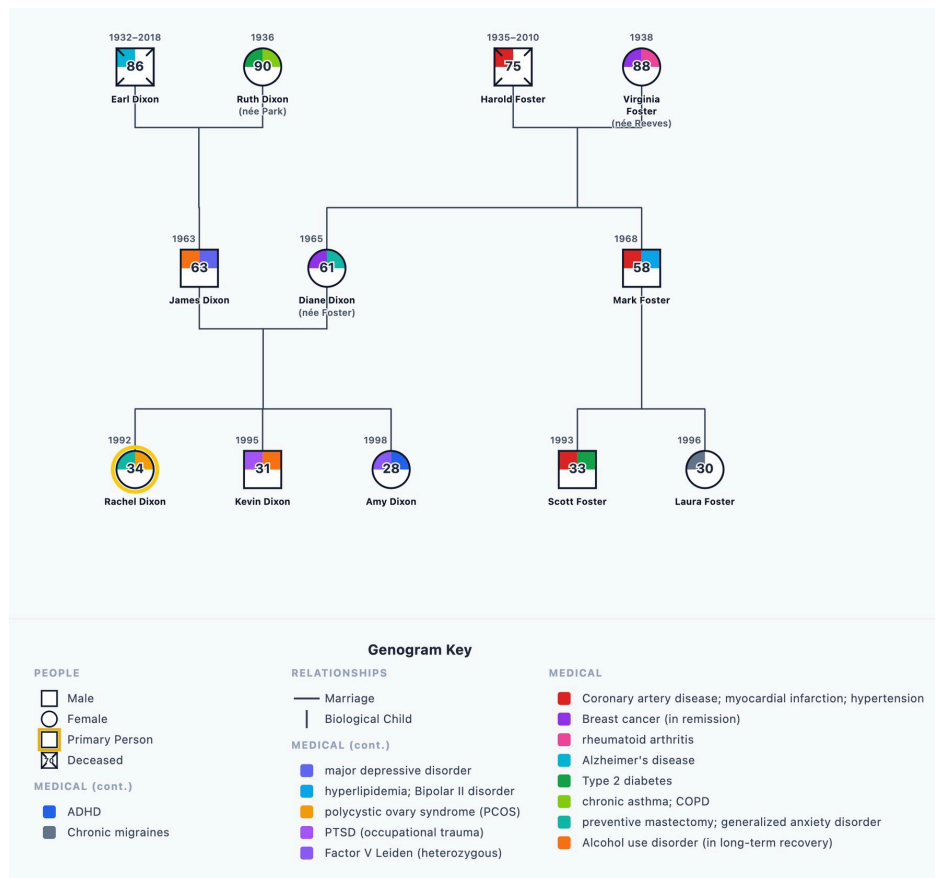


Medical Genogram Template: filled-in example

Medical Genogram Tutorial · a fictional family drawn in GenogramAI · blank version on page 2



The example is a fictional teaching chart for Rachel Dixon (b. 1992) with every relative carrying at least one condition: heart disease in her grandfather Harold, her father's side and a cousin, cancer in her grandmother Virginia and aunt Diane, diabetes, and psychiatric conditions, each in its own colour.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member in standard genogram notation.
- **Female (Circle)** A circle represents a female family member in standard genogram notation.

STATUS MARKERS

- **Deceased (X)** An X drawn through the symbol indicates the person is deceased.
- **Index Patient (Arrow)** An arrow pointing to a person identifies them as the index patient — the individual who is the focus of the clinical assessment.

STRUCTURAL RELATIONSHIPS

- **Marriage** A solid horizontal line connecting two individuals represents a marriage or committed partnership.
- **Parent-Child** A vertical line descending from a couple line to a child symbol represents a parent-child relationship.

MEDICAL CONDITIONS

- **Anxiety Conditions** Shading in the genogram symbol indicates anxiety-spectrum diagnoses (GAD, panic disorder, phobias, OCD).
- **Depressive Disorders** Shading indicates depressive conditions (major depression, dysthymia, bipolar disorder).
- **Mental Health Conditions** Shading indicates psychological or psychiatric conditions beyond anxiety and depression.
- **Cardiovascular Conditions** Shading indicates heart disease, hypertension, stroke, or other cardiovascular conditions.
- **Cancer** Shading indicates any cancer diagnosis, with specifics noted in the individual's record.
- **Diabetes** Shading indicates Type 1 or Type 2 diabetes.
- **Trauma/PTSD** Shading indicates post-traumatic stress disorder or complex trauma responses.
- **Genetic Conditions** Shading indicates inherited genetic disorders (sickle cell, hemophilia, cystic fibrosis, etc.).
- **Neurological Conditions** Shading indicates neurological disorders (Alzheimer's, Parkinson's, epilepsy, etc.).
- **Respiratory Conditions** Shading indicates chronic respiratory conditions (asthma, COPD, etc.).
- **Autoimmune Conditions** Shading indicates autoimmune disorders (lupus, rheumatoid arthritis, MS, etc.).
- **Other Medical** Shading indicates medical conditions not captured by other categories.

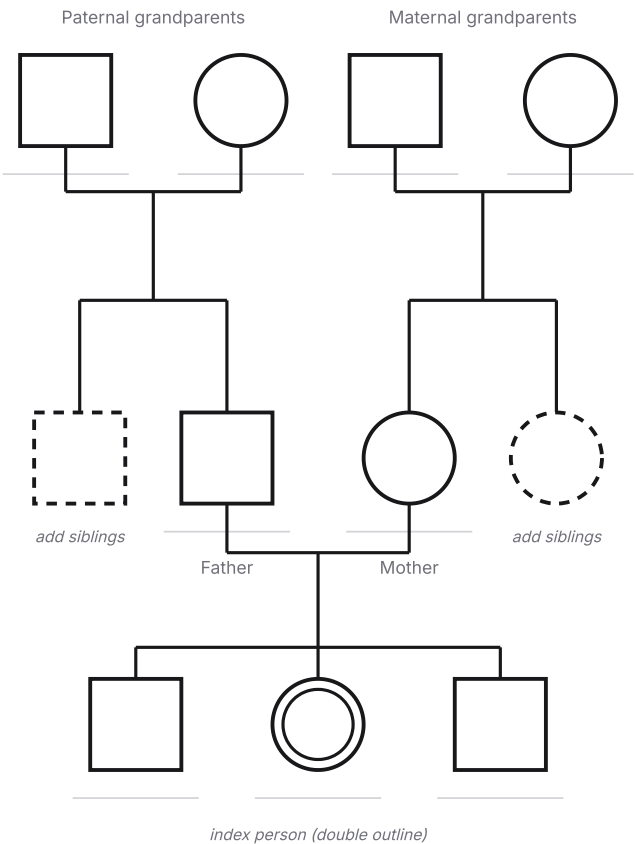
Medical Family History Genogram

Hereditary condition tracking — 3 generations

Patient: _____

DOB: _____

Date: _____



Children — oldest on the left, youngest on the right

Symbol Key: medical shading



Male



Female



Deceased (X through symbol)



Index person (double outline)



Physical or mental illness (left half)



Alcohol or drug misuse (bottom half)



Suspected (same area, striped)



In remission / recovery (quarter + line)

Use one colour per condition:



Family history notes: list conditions, age at onset and age/cause of death beside each person

Free printable genogram template from GenogramAI · genogramai.com/genogram-template

Every symbol and what it means: genogramai.com/genogram-key