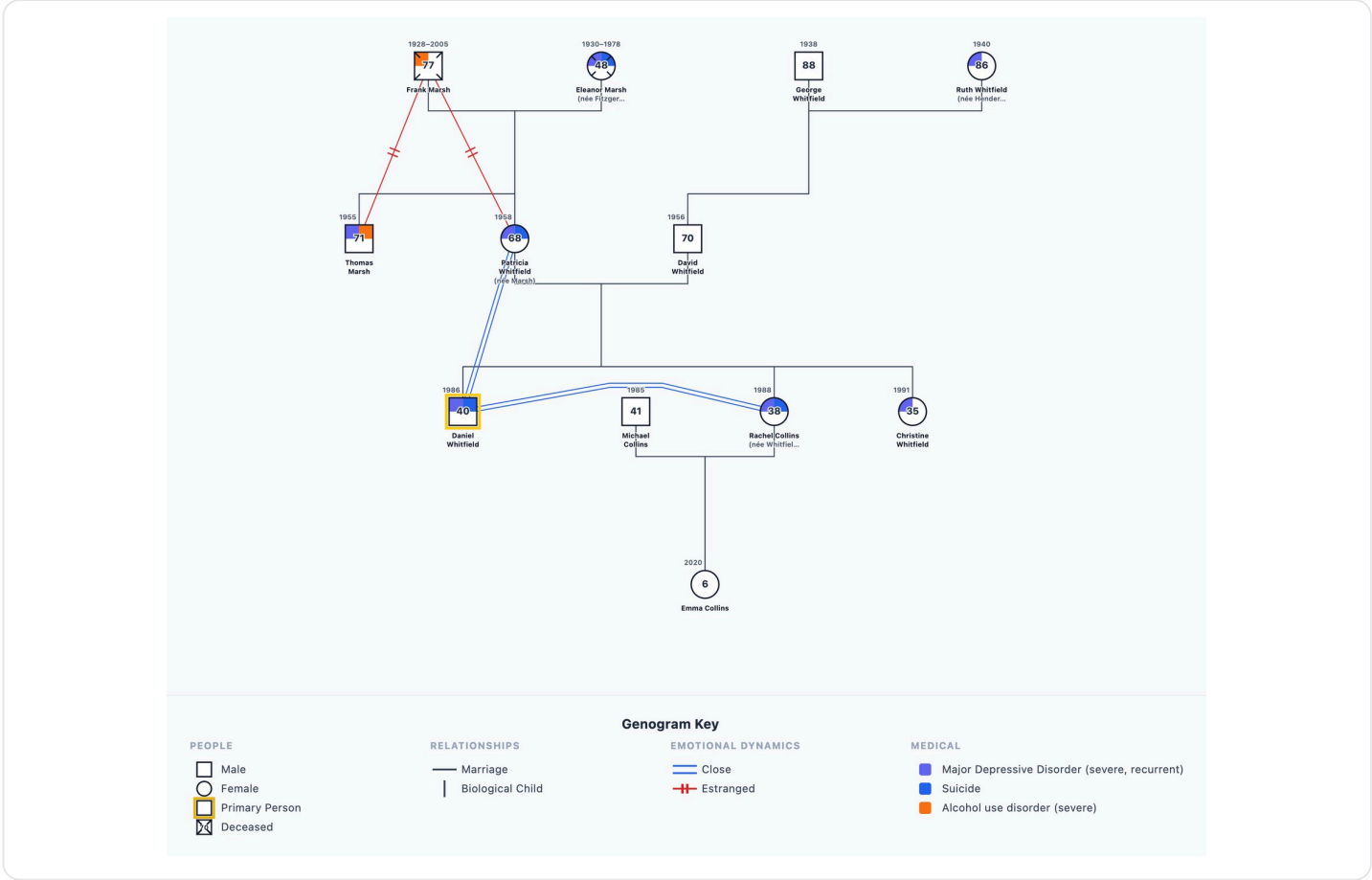


Mental Health Genogram Template: filled-in example

Depression Across Generations · a fictional family drawn in GenogramAI · blank version on page 2



The completed example is a fictional family tracing major depressive disorder through the maternal line over four generations, with Daniel Whitfield (b. 1986), a high school English teacher, as the index person. It shows suicide, alcoholism, recurrent, treatment-resistant and postpartum depression, and estrangement between Patricia and her father Frank.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member in standard genogram notation.
- **Female (Circle)** A circle represents a female family member in standard genogram notation.

STATUS MARKERS

- **Deceased (X)** An X drawn through the symbol indicates the person is deceased.
- **Index Patient (Arrow)** An arrow pointing to a person identifies them as the index patient — the individual who is the focus of the clinical assessment.

STRUCTURAL RELATIONSHIPS

- **Marriage** A solid horizontal line connecting two individuals represents a marriage or committed partnership.
- **Parent-Child** A vertical line descending from a couple line to a child symbol represents a parent-child relationship.

EMOTIONAL RELATIONSHIPS

- **Close** Two parallel lines between individuals represent an emotionally close relationship.

MEDICAL CONDITIONS

- **Depressive Disorders** Shading indicates depressive conditions (major depression, dysthymia, bipolar disorder).
- **Mental Health Conditions** Shading indicates psychological or psychiatric conditions beyond anxiety and depression.

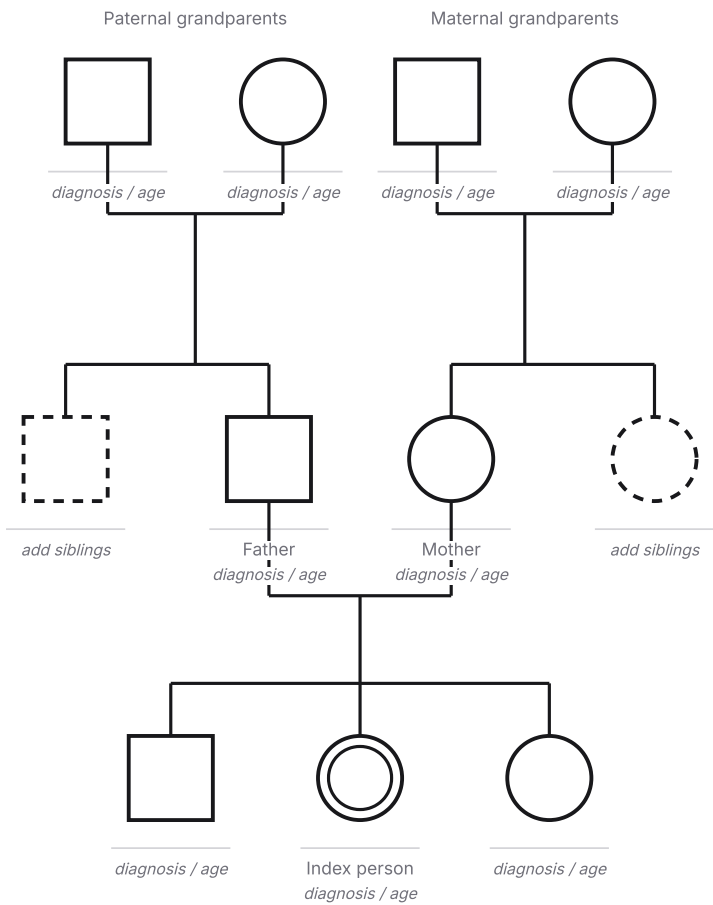
Mental Health Genogram Template

Three generations with mental health history and relationships

Client: _____

Clinician: _____

Date: _____



Children: oldest on the left, youngest on the right

Symbol key: mental health and relationships

	Physical or mental illness (left half shaded)		Close (two blue lines)
	Suspected (same area, striped)		Conflict (two dashed red lines)
	In remission (quarter + line)		Distant (dashed line)
	Illness and substance misuse		Cutoff (line broken by two bars)
	Deceased (X through symbol)		

Notes: suicide attempts, hospitalisations, treatment, patterns across generations