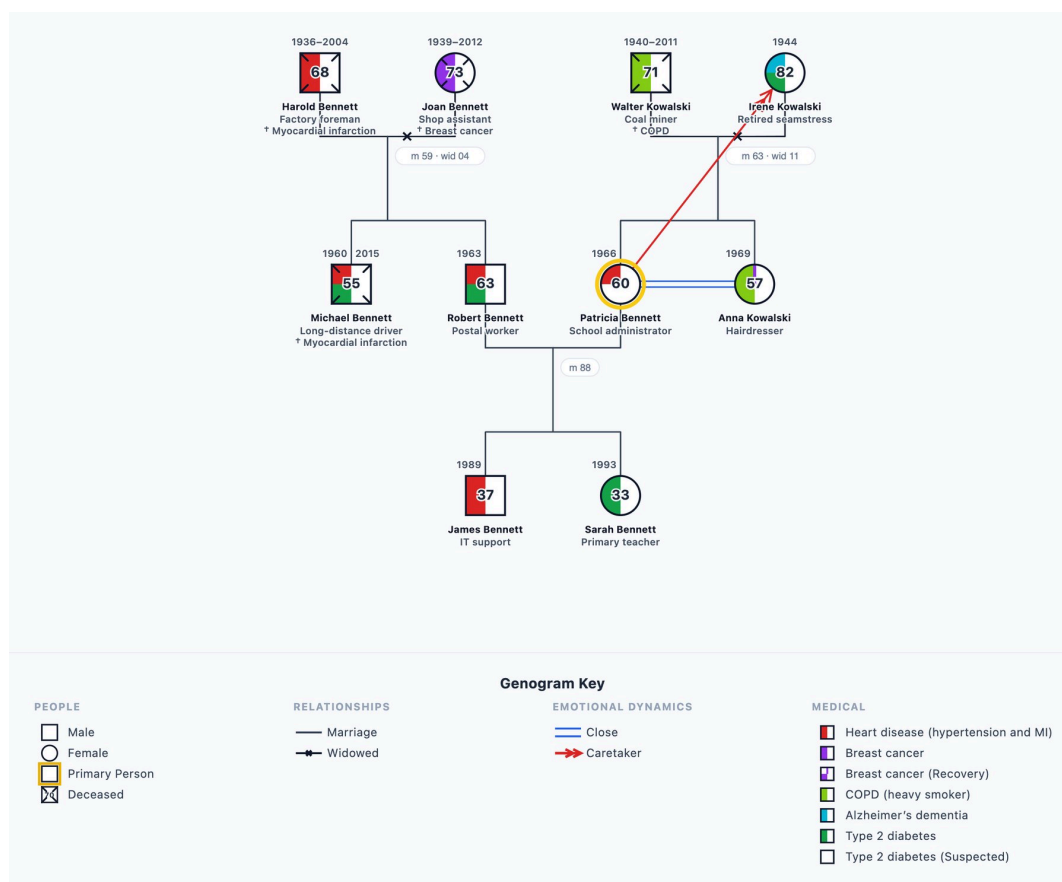


Nursing Genogram Template: filled-in example

Nursing Genogram Example: Family Health Assessment · a fictional family drawn in GenogramAI · blank version on page 2



The example is a fictional family health assessment for Patricia Bennett (60), who came to a health check with raised blood pressure and a borderline HbA1c: heart disease and type 2 diabetes on her husband's side, breast cancer in two women, COPD in her father, and a caregiving line to her mother Irene, who has dementia.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member.
- **Female (Circle)** A circle represents a female family member.
- **Index person (highlighted outline)** The person at the centre of the assessment is drawn with a highlighted outline.
- **Deceased (X)** An X through the symbol marks a person who has died; birth and death years are written above it.
- **Age inside the symbol** The current age (or age at death) is written inside each symbol, with years above it.

COUPLES

- **Marriage** A solid line between partners; the marriage year is written on the line (m 90 = married 1990).
- **Widowed** A small x on the couple line marks the end of a marriage through death (wid 15).
- **Parent-child line** A vertical line from the couple line to each child; siblings run oldest to youngest from left to right.

RELATIONSHIPS

- **Caregiving** A red line with a double arrowhead points from the caregiver to the person she cares for.
- **Close** Two parallel blue lines mark an emotionally close relationship.

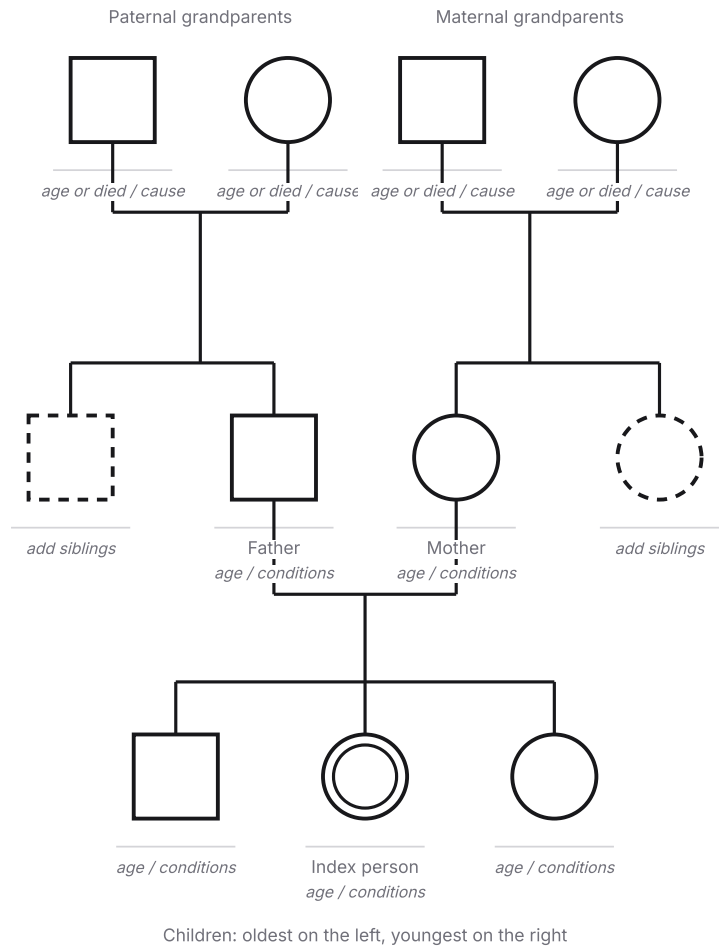
MEDICAL

- **Medical shading** The left half of a symbol is shaded for a physical or mental illness and the bottom half for alcohol or drug use; each condition has its own colour, listed in the key. Hatching means suspected, a partial fill means in recovery.
- **Suspected condition** Hatching instead of a solid fill marks a condition that is suspected or being investigated.
- **In remission or recovery** A partly filled section marks a condition in remission or recovery.

Nursing Genogram Template

Family health assessment, three generations

Patient: _____
DOB: _____
Nurse: _____
Date: _____



Symbol key: health conditions

- Physical or mental illness (left half shaded)
- Alcohol or drug misuse (bottom half)
- Suspected (same area, striped)
- In remission (quarter + line)

- Deceased (X through symbol)
- Index person (double outline)

Use one colour per condition:

☐
☐

Health notes: age at onset, screening, lifestyle and care needs