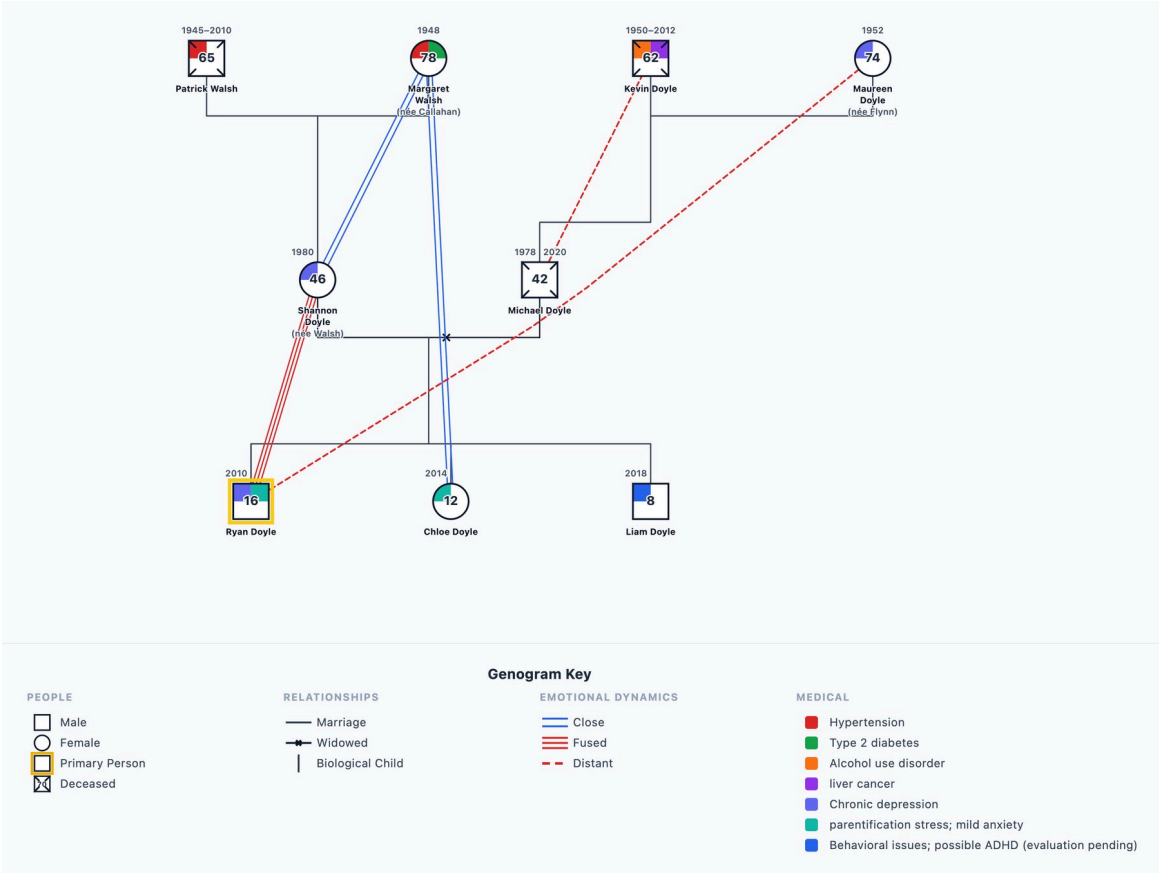


Single Parent Family Genogram Template: filled-in example

Single Parent Family Genogram · a fictional family drawn in GenogramAI · blank version on page 2



The completed example is a fictional family in which Shannon raises three children after her husband Michael's sudden death. Her mother Margaret is a close, practical support; the eldest, Ryan (b. 2010, the index person), has taken on a parental role and his relationship with his mother is shown as fused. Depression, anxiety and heart disease appear across the generations.

PERSON SYMBOLS

- **Male (Square)** A square represents a male family member in standard genogram notation.
- **Female (Circle)** A circle represents a female family member in standard genogram notation.

STATUS MARKERS

- **Deceased (X)** An X drawn through the symbol indicates the person is deceased.
- **Index Patient (Arrow)** An arrow pointing to a person identifies them as the index patient — the individual who is the focus of the clinical assessment.

STRUCTURAL RELATIONSHIPS

- **Marriage** A solid horizontal line connecting two individuals represents a marriage or committed partnership.
- **Parent-Child** A vertical line descending from a couple line to a child symbol represents a parent-child relationship.

EMOTIONAL RELATIONSHIPS

- **Close** Two parallel lines between individuals represent an emotionally close relationship.
- **Distant** A dotted line represents an emotionally distant or disengaged relationship.
- **Fused/Enmeshed** Three parallel lines with a zigzag overlay represent a fused relationship — emotionally intense with poor boundaries.

MEDICAL CONDITIONS

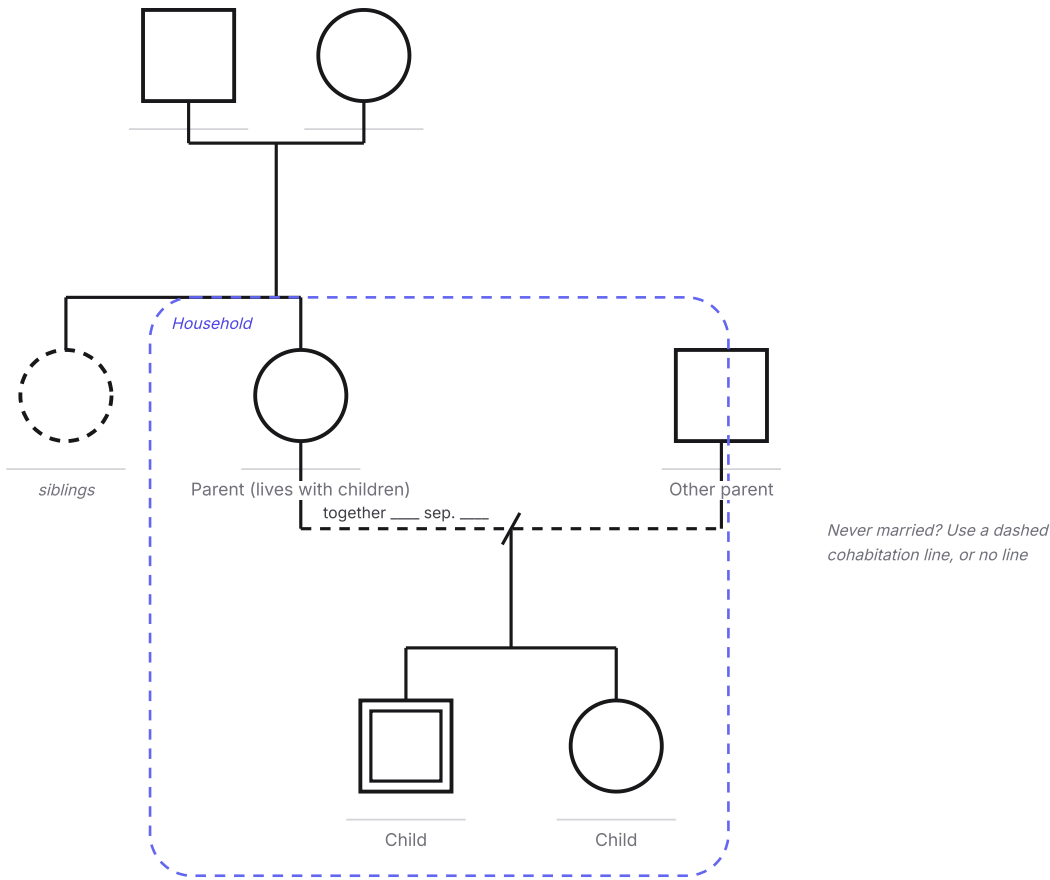
- **Anxiety Conditions** Shading in the genogram symbol indicates anxiety-spectrum diagnoses (GAD, panic disorder, phobias, OCD).
- **Depressive Disorders** Shading indicates depressive conditions (major depression, dysthymia, bipolar disorder).
- **Mental Health Conditions** Shading indicates psychological or psychiatric conditions beyond anxiety and depression.
- **Cardiovascular Conditions** Shading indicates heart disease, hypertension, stroke, or other cardiovascular conditions.
- **Cancer** Shading indicates any cancer diagnosis, with specifics noted in the individual's record.
- **Diabetes** Shading indicates Type 1 or Type 2 diabetes.

Single Parent Family Genogram Template

One parent raising children, with the other parent shown

Family: _____

Date: _____



Symbol key



Male



Female



Deceased (X through symbol)



Index person (double outline)



Marriage (solid line)



Cohabitation (dashed line)



Separation (one slash)



Household (dashed line around who lives together)

Notes: contact with the other parent, support network, childcare
